MFS Heritage Planning®

Helping Yourself. Helping Your Parents. Helping Your Children.®



Intentional Wealth Advisors
4110 Copper Ridge Drive, Suite 235
Traverse City, MI 49684
231.933.0846 www.intentionaladvice.com
Securities offered through LPL Financial; FINRA/SIPC

ESTATE PLANNING



By the numbers

- Approximately 50% of adult Americans do not have an estate plan.¹
- Only 35% of Americans have established a living will.
- In 2012, the federal estate tax exemption is \$5.12 million, and the maximum tax rate is 35%.2
- ¹ forbes.com, March 2010
- 2 irs.gov

NINE IMPORTANT ESTATE PLANNING STEPS

Your estate plan has an impact that can reach beyond financial issues and your lifestyle to include your family. Estate planning involves many complex concepts that are regulated by varying state laws as well as federal law. As you begin to consider what kind of legacy you would like to leave your loved ones, be sure to seek insight from your financial advisor, estate planning specialist, and tax attorney. To help you begin thinking about estate planning basics, MFS® has created a list of nine important steps that investors should consider to get started on their overall estate plans.

1. Create a will.

Creating a will is the first important step in planning your estate. A will provides an individual with the opportunity to nominate guardians for minor children or dependents as well as an executor for the estate. The executor will serve the vital function of gathering and disbursing the assets of an estate and seeing that all of the related tax issues are handled. You may choose a professional who can handle these matters on his or her own, or you may choose a relative or a friend who can hire

any professional help he or she may need. However, you should be sure the friend or relative is willing to serve in this capacity.

2. Update beneficiary designations.
Beneficiary designations should be reviewed periodically and kept up to date (especially after major life events such as births, deaths, marriages, and divorces). If beneficiary designations for such things as retirement accounts or insurance policies are outdated or inaccurate, your assets may pass to people you did not intend to benefit.

Key points

Estate planning steps include

- create a will so that your wishes will be honored
- keep beneficiary designations on your insurance and retirement accounts up to date

Talk to your professional advisors about

- consolidating your retirement assets
- using trusts and gifting to help lessen your estate taxes

Consider the benefits of protecting your interests by

- taking steps to avoid probate
- keeping a certain amount of your assets in cash

This material should be used as helpful hints only. Each person's situation is different. You should consult your investment professional or other relevant professional before making any decisions.

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3. Establish health care directives.

A national survey of 1,000 adults by lawyers.com discovered that only 35% of Americans have a living will.1 That potentially leaves 65% with no written evidence as to whether they wish to receive life-sustaining medical treatment in the event they should become incapacitated or terminally ill. In addition to documenting which types of treatment you would and would not want, you also can designate a "health care proxy" who will be authorized to make medical decisions for you if you are incapacitated.

The rules governing health care directives vary from state to state and can be affected by federal law.

For example, the Health Insurance Portability and Accountability Act (HIPAA) restricts your physician's ability to disclose your medical information. To prevent this from occurring, make sure to include HIPAA release language in your disability planning documents.

4. Consider a power of attorney.

It is important to be certain that your financial affairs will be managed if you become disabled. Talk to your estate planning professional about creating a durable power of attorney that authorizes someone you trust to handle financial matters. Be sure to have your documents reviewed periodically to make sure they are up to date and comply with current laws.

5. Establish a trust.

One of the primary purposes of a trust is to avoid probate, which may mean that your estate can be settled more quickly and at a lower cost. Perhaps more important to some individuals is that a trust is private, whereas probate proceedings are a matter of public record. Because there are several types of trusts, you should contact an estate planning professional to determine which type of trust is right for you.

6. Plan for the distribution of your retirement assets.

It is important to plan carefully when completing the necessary beneficiary forms. If you participated in an employer-sponsored retirement plan from which you are eligible to receive benefits, be sure to keep plan administrators advised of your current address and keep your beneficiary designations up to date. Also, make sure your beneficiaries know about any plans from which you may have benefits coming. You may want to ask your

financial advisor or estate planning professional whether it makes sense for you to consolidate your retirement assets by rolling them over to an Individual Retirement Account. An IRA may provide long-term distribution opportunities that may not be available from an employer's plan.

7. Use gifting strategies to reduce estate tax liability. Gifting can be an excellent way to reduce the taxable amount of your estate. One common gift-giving vehicle is the 529 college savings plan. In this plan, assets potentially grow tax deferred and can be withdrawn federally tax free if used for qualified higher education expenses. In 2012 an investor can gift \$13,000 per beneficiary on an annual basis. Couples can gift \$26,000 per year per beneficiary. Donors may make an "accelerated gift" to a 529 plan equal to five years' worth of gifts (\$65,000 for an individual or \$130,000 for a couple). This accelerated gift can be made only once every five years.³

Charitable donations are another form of gift giving. Any assets donated can reduce the overall value of the taxable estate and are often income tax deductible.

8. Decrease or eliminate estate taxes.

Property passing to a surviving spouse generally is exempt from estate taxes. As of 2012, there is a \$5.12 million limit on the amount that can be passed on to a decedent's non-spousal heirs estate-tax free. Discuss with your estate planning specialist the ways you might structure your bequests to take advantage of the exclusion and minimize estate taxes. There are a variety of ways to decrease the taxable amount in yourestate. Many Americans can minimize estate taxes through careful estate tax planning.

9. Determine order in which to draw down your assets. During retirement it is important to consider what sources of cash are being used to maintain your lifestyle. These sources often have drastically different tax consequences. Discuss with your financial advisor the best way to draw from your tax-deferred, taxable, or tax-free assets for cash flow needs to minimize your own taxes and the taxes to be paid by your heirs.

3 finaid.org

With careful planning, you may be able to avoid common mistakes and help ensure that your heirs are not burdened by unnecessary emotional and financial stress when settling your estate.

Contact your financial advisor for more information, or visit mfs.com.

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